

Hands-On Fun at Home

LESSON 10



God wants our worship to be genuine.



Bible Verse: "For God is Spirit, so those who worship him must worship in spirit and in truth" (John 4:24).



Grab some construction paper and markers. Give each family member several pieces of construction paper and a marker. Each person should think of times it's hard to worship and

list them, one per piece of paper. Then collect the papers, shuffle them, and hand them out again. Now it's each person's responsibility to pray about the situations on the papers you gave them. Everyone should ask God to help the person who wrote the situation to focus on God in that situation.

Check It Out

Read Romans 12:1-2.

How can you give yourself to God? How is this an act of worship?

Read Psalm 118:24.

Why should we rejoice? When is it hard to rejoice? When is it easy?

Read Colossians 3:17.

How can the things you do and say be worshipful?

Faith Walk

Decide with your family one way you can worship God during a worship service this week. You can all choose to worship in the same way, such as kneeling in prayer together or raising your hands in praise as you sing. Or you can each do something different to praise God in a special way. Just make sure your act of worship expresses true worship from your heart.

Then attend a service together, and make sure you worship God in the way you chose!



Make a worship collage to remind you of ways and reasons to worship God. Every time you think of a reason to worship God, write it down, take a photograph, or draw a picture. Every time you think of a way to worship God, document that, too. You could write a song, draw a picture, or simply write your ideas down. As you collect mementos, create a collage of the pictures, photographs, paintings, notes, and whatever else you come up with. Look at your worship collage every day to remind you to genuinely worship God!